

Westmoreland Drug and Alcohol Commission Inc.

ANNUAL REPORT

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Westmoreland

Drug & Alcohol Commission, Inc.

MAKING RECOVERY A REALITY

MAJOR ACCOMPLISHMENTS OF WESTMORELAND DRUG AND ALCOHOL COMMISSION, INC.

ADMINISTRATION

The Covid-19 pandemic affected all aspects of daily life, including the normal daily operations of the Westmoreland Drug and Alcohol Commission (WeDAC). As everyone struggled to adjust to new restrictions and mitigation efforts, business as usual suddenly looked very different. Although certain plans and projects could be restructured to comply with the new protocols, some things simply could not move forward. WeDAC's accomplishments may be fewer due to limitations imposed by the pandemic, but through perseverance and flexibility, along with using virtual formats such as Zoom, the work of serving the residents of Westmoreland County continued.

SCOPE

The SCA continues to collaborate with the Program Evaluation and Research Unit (PERU), the Center for High Value Healthcare, Emergency Medical Services (EMS), Single County Authorities (SCA) and other community resources necessary for initiatives that are designed to reduce overdoses within Westmoreland, Butler, Fayette, Indiana and Washington counties. The collaboration occurred through the implementation of The Strategies to Coordinate Overdose Prevention through Emergency Medical Services (SCOPE).

The SCA was able to implement this model using a Substance Abuse and Mental Health Services Administration (SAMHSA) Grant while partnering with North Huntington EMS, Mutual Aid EMS and Rostraver West Newton EMS. This collaborative approach allows EMS to complete DAST/NIDA screenings on patients and refer them to the SCA's subcontracted Community Engagement Team (CET) through the Drug and Alcohol Case Management Unit for expedient engagement services or linkage to treatment services. EMS agencies refer any individuals who present with substance use disorders and agree to access treatment services. The program will eventually be further expanded into a community paramedicine approach as it grows. A final goal of SCOPE includes developing a reimbursement plan through Medicaid for physical health and behavioral health services rendered by EMS related to post-overdose needs and individuals with other substance use disorders. This component will allow EMS to receive funding for services that have not previously been reimbursable and to provide expanded, ongoing services based on the client's individual needs.

In 2019-2020 there were 410 individuals who screened positive for drug and alcohol indicators. Sixty-seven of these EMS referrals were referred to the CET for treatment or case management services.

In addition, North Huntingdon, Mutual Aid and Rostraver/West Newton EMS continue to participate in the "leave behind" naloxone program, and the SCA continues to look for other EMS agencies to join this effort. The "leave behind" program allows EMS to leave naloxone behind on a scene when a patient is revived from an overdose and refuses emergency transport to the hospital.

Expanding Safe Living through Recovery Housing

WeDAC issued a request for proposal (RFP) in 2017-2018 fiscal year to expand recovery housing in Westmoreland County. The RFP was awarded to Club Serenity Inc. and J4T Properties. Since then, both providers have respectfully spearheaded this initiative and provided safe, supportive and stable housing to those in need on their recovery journey. Both providers have had many successes since opening and have served, retained and reintegrated individuals back into the community by assisting with their self-sufficiency and development through their recovery housing models.

J4T Properties

J4T Properties has two recovery houses located within Westmoreland County. The North House, a women's recovery home, is located in Arnold and has three beds at full capacity. The Taylor House, a men's recovery home, is located in New Kensington and has five beds at full capacity. Over the 2019-2020 state fiscal year, J4T Properties has served 21 individuals between both sites. The North House served six women and the Taylor House served 15 men. The North House did not begin taking referrals until August 2019. Each recovery house retained the majority of their residents on a long-term basis through their supportive recovery house model. All houses have a house manager onsite who assists with oversight and implementation of expectations that are beneficial to the individual's overall wellness and prosperity.

J4T contributes its success to the fact that the recovery house has a formal welcome process in place and establishes guidelines while connecting individuals to the recovery house. Each house has a house manager who assists with oversight and implementation of expectations that are beneficial to the individual's overall wellness and prosperity. The house provides staff who are in long term recovery and connects members to local community resources. J4T finds it to be an asset to empower individuals by connecting them to the recovery community, as well as providing an affordable, comfortable and safe living option. This recovery-friendly environment provides members the ease of mind to focus on building a solid recovery foundation. J4T also specializes in staying connected with individuals in the home to allow necessary oversight and safety.

Club Serenity

Club Serenity opened a five-bed female recovery house in January 2020 in Monessen and is planning on opening a male recovery house in the Mon Valley area in the near future. This house creates a safe, monitored environment for recoverees with supportive structure to give them optimal opportunities for success and integration back into the community setting. They collaborate with local providers and empower the individuals they serve while making housing affordable and inclusive. During the 2019-2020 fiscal year, Club Serenity served a total of eight women. The house began filling in February of 2020 and they retained the majority of the women who were living at the home. Club Serenity has a house manager onsite who assists with oversight and implementation of expectations that are beneficial to the individual's overall wellness and prosperity.

DRUG COURT

Drug Court operated at 94% capacity, even during the Covid-19 pandemic. Drug court weekly team meetings occurred virtually, while weekly drug court sessions occurred both virtually and in person, depending upon the Covid levels in the county at the time. Staffing includes two (2) drug court case managers and four (4) CRS staff. The case managers work with the CRS staff, probation and judges cohesively to guide the clients through all levels of treatment and address client barriers to treatment and recovery. The case managers also support the CRS staff in helping clients build a strong recovery base, thereby reducing recidivism. During the 2019-2020 fiscal year, a total of 66 individuals received CRS and case management services.

During the 2019 Christmas season, drug court clients with young children who were not able to provide Christmas gifts for them, requested to participate in Westmoreland Community Action's Angel Tree program to be an Angel Tree recipient for their young children. Unfortunately, the alumni group and in person services were suspended due to the Covid-19 crisis. No family or community events occurred with Drug Court recipients or their families because of the pandemic.

There were 11 Drug Court graduates during the fiscal year with most being in person Drug Court graduation ceremonies. All case management and CRS services were provided primarily through telehealth.

Naloxone Distribution

WeDAC continues to act as the Centralized Coordinating Entity (CCE) through a Pennsylvania Commission on Crime and Delinquency (PCCD) Grant and provides naloxone for individuals, families, businesses, first responders, the faith-based community and other entities upon request. WeDAC also provides, upon request, free training for overdose prevention and assists with company policies. The SCA appreciates all the volunteers who assist with this cause as trainers and continues to recruit additional trainers and volunteers to expand outreach efforts for county overdose prevention, education and awareness. During the 2019-2020 fiscal year, 13 overdose prevention trainings were provided to numerous organizations, treatment providers, law enforcement, recovery support organizations, funeral homes, colleges, healthcare providers, library systems, the faith-based community and community members. Additionally, one train the trainer course was conducted at Sage's Army for administrative and frontline staff to become approved trainers on behalf of the Westmoreland Drug and Alcohol Commission, Inc. WeDAC continues to partner with grass roots organizations such as Faith in Action, Lost Dreams Awakening, Favor and Sage's Army, who act as WeDAC's approved trainers and provide overdose prevention trainings and dispense the SCA's naloxone for community trainings. Please note, all in-county treatment providers were offered overdose prevention kits for distribution to clients and the SCA distributed kits to all willing providers.

WeDAC implemented innovative methods to ensure Narcan and Narcan trainings were still offered during the Covid-19 crisis by supporting leave behind programming, following sanitary and social distancing guidelines for in person trainings, as well as utilizing a virtual zoom format to ensure trainings and education still occurred upon request.

During the 2019-2020 fiscal year, WeDAC distributed 2,572 naloxone kits in Westmoreland County. The kits were distributed as follows: 599 community members/organizations, 481 kits to treatment providers, 13 kits to the Excelsa hospital system, 259 kits to local school districts, 587 kits to first responders and 663 kits to law enforcement.

Student Assistance Program

WeDAC collaborated with Westmoreland County Behavioral Health and Developmental Services to promote the importance of prevention and intervention through the Student Assistance Program (SAP). The program operates within 17 school districts in Westmoreland County, utilizing SAP Liaisons through Westmoreland Case Management and Supports Inc. (WCSI), and the SCA's Subcontracted D&A SAP case managers. During the 2019 – 2020 fiscal year, SAP operated with one full-time D&A SAP case manager and one “back up” case manager to assist with calls as needed. Both case managers covered the school systems to facilitate D&A evaluations for SAP and/or disciplinary referrals. Through the course of the 2019–2020 school year, there were a total of 908 SAP liaison assessments and a total of 126 referrals, eight through WCSI, to drug and alcohol assessments. The SAP liaisons and school systems continue to work in a proactive manner to identify youth at risk who need drug and alcohol assessments in the school districts.

CASE MANAGEMENT

The SPHS D&A Case Management Unit's increased visibility, along with its partnership with Excelsa Health during peak times to strengthen the warm hand off process and assist more clients with accessing treatment, are among its greatest accomplishments. The Case Management Unit's enhancement of the client engagement process, which assisted with reducing the number of treatment refusals, was also a highlight of 2019-2020.

Effective March 2020, in compliance with the Covid Stay At Home Order by Governor Wolf, all hospital referrals, including Behavioral Health Unit (BHU) referrals, were addressed through telehealth services due to outside vendors/providers not being able to access the Emergency Departments (ED), Med Surge floors and BHUs within the hospitals. Referrals drastically decreased in March through June 2020.

The Case Management Unit continues to provide community-based services for Level of Care Assessments and Coordination of Services to any individual in Westmoreland County. During the 2019-2020 fiscal year, the Case Management Unit was not able to meet with clients in various locations due to the Covid-19 Pandemic. The unit completed 270 telehealth assessments and linked more than 142 individuals after hours into treatment services. There were 1,051 screenings and 1,111 level of care assessments completed to facilitate referrals to treatment services. Out of the 1,111 level of care assessments, 142 were injection drug users (IDU), 130 were overdose survivors, two pregnant women who use substances, one pregnant woman who inject drugs and 31 veterans. The SCA gives preference to treatment to these specialty populations and their emergent care needs.

The Case Management Unit assisted 360 individuals with non-treatment needs through the provision of Coordination of Services. Some of these needs included assisting clients with transportation, housing, legal problems, childcare, employment and medical appointment follow up.

The Westmoreland County Children's Bureau (WCCB) continued its partnership with the Case Management Unit, which assists with level of care assessments and linkage to treatment services. The Case Management receives referrals from WCCB primarily via email. This process was established two years ago and pre-Covid-19. During that time, approximately two to three referrals a month were occurring. Since Covid-19, WCCB is only going into the home on an as needed basis and most WCCB staff are working remotely. As a result, WCCB referrals have decreased, but continue.

The Case Management Unit continues to work with Allegheny Health Network to form a partnership with Forbes Family Practice. This partnership includes the distribution of the SCA's naloxone, overdose prevention training and the provisions of screening, assessment and referral to treatment services via onsite or telehealth.

CRS staff and the Case Management Unit partnered to provide a cohesive approach for supporting clients before, during and after treatment. The staff work together to problem solve cases, offer suggestions and wrap the clients with appropriate care and resources. This collaborative team approach assists the clients in becoming more engaged in treatment and less likely to jump in and out of services. In conjunction with D&A Case Management 24/7 Afterhours/On Call services, CRS services were expanded to include 24/7 On Call availability. The collaborative D&A Case Management/CRS 24/7 Afterhours/On Call process has provided a more comprehensive and consumer friendly engagement and support process for clients and families calling afterhours to access detox/residential services.

To further promote outreach and information on how to access treatment services, the Case Management Unit provided outreach and information dissemination to the following locations pre-Covid-19: Local church events, National Night Out, Juvenile Probation Family Fest, MedMark Family Nights, Mon Valley Opioid Coalition, Presbyterian Ministerium, National Drug Take Back Events throughout the county, Penn Trafford Community Coalition, Scottdale Abundant Life Community Coalition and numerous Narcan training events.

During Covid-19, traditional outreach initiatives have decreased or ceased, but the following outreach activities have continued through virtual meetings: Monthly Mon Valley Opioid Coalition, quarterly Penn Trafford Community Coalition, monthly Scottdale Abundant Life Coalition and the Faith Based Virtual Service of Hope. The Case Management Unit continues to break down silos and barriers, promoting access to treatment and recovery support services while advocating to end stigma.

Overdose prevention trainings are provided as needed to agencies, public housing complexes, community members, organizations, treatment providers, individuals, and families. These trainings are provided in an office, community-based setting or via a virtual zoom format. During the 2019-2020 fiscal year, the Case Management Unit partnered with WeDAC to provide trainings to Westmoreland County libraries, Westmoreland Case Management and Supports Inc., law

enforcement, board members, Nar-Anon groups, local ministerium and churches, Seton Hill staff and students, and other various organizations. WeDAC continues to provide free naloxone kits to the recipients of the overdose prevention trainings.

The Community Engagement Team (CET)

The CET’s approach focuses on meeting clients’ needs and actively adapting their clinical approach to assist with engagement. The team utilizes motivational interviewing to encourage individuals to access treatment and break down unnecessary barriers. For instance, as transportation continues to be a barrier in most rural areas, the CET has gone into the home for many clients to assist with initial engagement, assessment, assisting with non-treatment needs or even transportation to a local treatment facility. The CET provides active support to individuals, their families and other loved ones, as well as offering engagement services even when clients are not ready for treatment to build a rapport and break down any barriers.

Starting with the mandatory Stay At Home Order issued by Governor Wolf in March 2020, telehealth engagement became the focus of the CET program. The CET staff connected with clients and treatment providers either by telephonic or video telehealth. Clients would be engaged by telephone and follow-up with clients while in residential services would either be by video or telephone, whichever was accessible through the treatment provider.

In late June 2020, the CET staff started to provide community services again by engaging the highest risk clients in their homes. The staff would practice social distancing, speak with clients on their porches and always wear Personal Protective Equipment (PPE) when meeting with clients. If client transportation were necessary, full PPE would be worn by CET staff while transporting clients and clients would be asked to wear a mask, preferably an N95 mask, which would be provided by CET staff. The CET staff followed all CDC Covid-19 guidelines and will continue to modify their actions, accordingly, as specified by the CDC.

From July 1, 2019 through June 30, 2020, the CET received 23 general community referrals and 67 EMS referrals for a total of 90 referrals. Sixty-six individuals accepted treatment. Individuals were referred to all levels of care of treatment services with short term inpatient treatment, withdrawal management and hospital-based treatment services being the most prevalent.

The CET sampled the first 3 months of 2019 of referrals and the first 3 months of 2020

Percent of Overall Referrals Engaged		
Clients Engaged at:	March-June 2019	Jan-March 2020
30 Days	47%	47%
60 Days	31%	41%
90 Days	5%	35%

The above table demonstrates the effectiveness of the CET Program.

The CET also provides community outreach activities to educate the community and organizations on how to access treatment. During the 2019-2020 fiscal year, the team provided more than 125 outreach activities to community members, churches and businesses.

CERTIFIED RECOVERY SPECIALIST (CRS)

The CRS staff expanded to include two full-time staff, four part-time staff and a full-time CRS supervisor/Team Lead. CRS staff continue to increase efforts to meet clients where they present in the community. During the 2019-2020 fiscal year, CRS staff met with 254 clients in the community, 142 clients in a jail setting (90 men/52 women) and 66 clients who were enrolled with Drug Court.

In the past year, CRS were successful in engaging active clients into treatment services. These individuals were engaged in various levels of treatment services, ranging from detox to an outpatient level of care. Most of the clients were engaged by CRS at Westmoreland County's local hospital in the Excelsa Health System. CRS is a mobile service and staff meet individuals where they present.

During the past year, CRS community services continued to expand, and the staff met with individuals throughout the community in more than 82 locations. CRS continue to play a vital role in engaging both the recovery community and those seeking treatment services.

CRS partnered with the D&A Case Management Unit as overdose prevention facilitators. They assist with facilitating overdose prevention trainings for clients and families upon request and disseminate WeDAC's free naloxone kits.

The CRS supervisor and staff provide outreach to organizations, treatment providers, social service agencies and the community in general about how to access CRS services, as well as the benefits of these services. The CRS help to break down barriers to access treatment while promoting a positive recovery lifestyle. Some of the community events which CRS spearheaded or participated in are as follows: Overdose Awareness Day Bell Event; Community Substance Use Awareness events at WCCC in New Kensington and the Allegheny Township Police Department; a faith-based recovery service in Scottdale through the Abundant Life Coalition; and the Scottdale Community Days event. Community events were ceased during the Covid-19 pandemic.

CRS are unique in that they are in long-term recovery and can speak from experience when helping clients navigate the recovery world. The staff have diverse recovery paths which allow them to work with a myriad of individuals. Some staff are actively involved and connected to the 12-step fellowship community while others are involved in various support groups like SMART recovery. Other CRS used a recovery pathway that included (or still includes) a MAT program, and some utilized a combination of all those things. CRS staff represent each gender, reflect younger and older age groups, as well as varied drugs of dependence. This allows the staff to "match" appropriately with individuals who are seeking assistance. CRS have the personal experience and wisdom that comes with living with the disease of addiction and are able to demonstrate to clients that people do successfully recover.

CRS/Jail

During the 2018-2019 fiscal year, SPHS continued to facilitate the CRS group at the Westmoreland County Prison. This six-week psychoeducational group teaches inmates about addictive thinking, available recovery supports, and how to plan for a strong recovery post incarceration. During the 2019-2020 fiscal year, there were approximately 142 individuals who participated in this service while incarcerated. The group was expanded to include a session on overdose prevention training. The SCA continues to provide naloxone vouchers to individuals who successfully complete the group so they can receive a free Narcan kit upon reentry from a local in-county treatment provider. CRS/Jail services were discontinued beginning in March 2020 due to Covid-19 protocols.

TREATMENT

The Covid-19 pandemic created many challenges for treatment providers throughout the county. They worked diligently to compose protocols to ensure public health safety when serving vulnerable populations in outpatient and congregate care settings. Providers currently have widely varying policies and procedures for determining the presence of Covid-19 and its potential spread within their facilities. The majority of the programs instituted referral screenings prior to onsite treatment, established patient screenings, staff screenings, onsite Covid-19 testing, the utilization of personal protective equipment (PPE), hygiene and social distancing, prohibiting visitors, and notifying the health department of potential outbreaks to regain safety and control. Treatment providers offered telehealth, onsite and hybrid treatment to individuals in need to ensure a continuation of services and care during these unprecedented times. All providers made concerted efforts to acquire and distribute Narcan on an ongoing basis to those in need to mitigate overdose deaths and to continue to employ harm reduction approaches.

PREVENTION

The Westmoreland Drug and Alcohol Commission, Inc. has multiple facets to the Prevention Department including the Council on Substance Abuse and Youth (CSAY) and four contracted providers:

- Saint Vincent College Prevention Projects (SVCPP)
- Monessen Communities That Care
- Monessen Family Center
- Wesley Family Services

In addition to DDAP funding, WeDAC Prevention functioned under the Drug Free Communities (DFC) grant. DFC is a federal program that provides funding to the Council on Substance Abuse and Youth, a county-wide coalition, with its focus on drug and alcohol prevention with youth. The grant was for five years and ran from October 1, 2014 through September 30, 2019. To recognize the efforts of the Coalition throughout the grant, CSAY held a coalition recognition luncheon on September 27, 2019.

The Council on Substance Abuse and Youth has numerous members from across Westmoreland County, who are dedicated to the mission and vision of the coalition. The coalition has grown over the year and it continues to recruit new members dedicated to the mission of CSAY. There are currently two groups that are branches of CSAY, which are the Mount Pleasant CSAY Youth and CSAY Northmoreland. Southmoreland High School is in the process of developing a CSAY group. Jeannette High School also started their own CSAY youth group helping to spread prevention messaging peer-to-peer.

Through its partnerships with various police departments and first responders in Westmoreland County, WeDAC collaborated to hold three National Night Out events. Mt Pleasant National Night Out was held on August 1, 2019, Northmoreland National Night Out August 7, 2019 and Mon Valley Opioid Coalition National Night Out August 15, 2019. All events were very successful.

Starting in the Fall of 2018, WeDAC began working on the DDAP Needs Assessment. The needs assessment had the SCA collect data for youth and adults and then establish areas that need focused on, when compared to state data. Moving forward to the Resource Assessment phase on July 11, 2019, WeDAC staff held a resource assessment luncheon attended by various agencies and organizations throughout the county.

In September 2019, WeDAC Prevention, along with Westmoreland County Behavioral Health/Developmental Services office, held an awareness day event at the Westmoreland County Courthouse to bring awareness to Fetal Alcohol Spectrum Disorder (FASD) and received a proclamation recognizing September 2019 as Fetal Alcohol Awareness Month throughout Westmoreland County

The Pennsylvania Youth Survey (PAYS) was implemented in the Fall of 2019 and results were published in June of 2020. The information from the PAYS will aid in writing for grants and assessing program needs in the county. WeDAC Prevention staff disseminated the results to key stakeholders within Westmoreland County. During the stay-at-home order WeDAC hosted a webinar with Penn State EPIScenter reviewing countywide data.

CSAY held the fourth annual Westmoreland Youth Summit on February 14, 2020 with 14 schools in attendance. All schools attending participated in a peer-to-peer project sharing event to spotlight their school's efforts in drug prevention awareness.

WeDAC Prevention started offering ATOD related webinars via Zoom starting in March 2020 due to COVID-19 stay-at-home orders. A variety of topics were covered, including but not limited to, Vaping, Medical Marijuana and Community Engagement Team. Twenty-seven webinars in total were offered from March to June with over 2,000 attendees. WeDAC Prevention also developed and disseminated an electronic prevention newsletter during the stay-at-home order reaching individuals all over the state.

WeDAC provides technical assistance and resources to local coalitions to aid in their efforts. WeDAC is an active participant on the Abundant Life Task Force and the Penn Trafford Citizens for Drug Awareness coalitions.

On January 17, 2020, a Community Resource Fair was held at Westmoreland County Community College New Kensington Campus. Over 40 agencies and organizations were reached, providing information to those in attendance about the services offered throughout the county.

The WeDAC Prevention Department staff attended several health fairs and senior expos at the beginning of the 2019-2020 fiscal year to disseminate information including the distribution of pill pods and drug deactivation bags for WeDAC's prescription drug storage and disposal campaign. The SCA also distributed more than 48,000 red ribbons across Westmoreland County and followed-up by going into the community to find people wearing red ribbons and recognized them for their participation.

Evolving with the ever-changing drug trends, WeDAC has been working hard to stay up to date on vaping information to educate community organizations about its dangers. WeDAC has also been diligent about disseminating STD/HEPC/HIV information about signs/symptoms and getting tested through posters and postcards that were distributed through the Westmoreland County Food Bank.

Prior to Covid-19, evidence-based prevention services, such as Too Good For Drugs were implemented at after-school programs in collaboration with the Westmoreland County Housing Authority (WCHA) family sites. WeDAC staff also implemented evidence-based services in WCHA senior housing as well.

WeDAC, along with Fayette, Greene and Washington counties, came together to form the Southwestern PA Prevention Network. The goal is to work as a region to organize conferences for professionals and team up on projects that will improve services in the region.

Gambling Prevention is another facet of WeDAC's Prevention Department. Some of the gambling prevention initiatives WeDAC is disseminating include information to libraries and making the gambling hotline more visible by posting the information on community billboards across the county. In partnership with SVCPP and Westmoreland County Community College, WeDAC hosted its second Problem Gambling Conference held virtually due to COVID-19 restrictions.

The plan is to continue the conference annually in March during Problem Gambling month to educate professionals on the ever-changing gambling regulations.

Another avenue of information dissemination is the WeDAC and CSAY Facebook pages and the always updated WeDAC website. Many people rely on the internet for information, and this has been an avenue to share the newest articles and laws that are passed, as well as to advertise events the SCA or its partners are hosting. The WeDAC website has become very user friendly and easy for all staff to update.

Saint Vincent College Prevention Projects

In 2019-2020 Saint Vincent College Prevention Projects provided several evidence-based programs to most school districts across Westmoreland County.

- Project ALERT
 - Delivered in 13 school districts that included 14 school buildings reaching 2,423 students in grades 6 or 7.
- Project ALERT Boosters
 - Provided to 2,345 students in grades 7 or 8 in 13 districts in 14 buildings.
- Too Good For Drugs
 - 15 districts implemented of the 17 districts planned, reaching 2,445 middle and school students.
- High School Special Tough Topics
 - 7 districts implemented of the 8 districts planned, reaching 2,563 students.
- Realistic Education About Life (REAL)
 - 616 days of programming in all 17 public school districts and 4 private schools, seeing 17,445 students.
- Foundations Preschool Program
 - Delivered in 2 school districts seeing approximately 400 students.
- Tough Topics Presentations
 - Provided to 4 public schools, 2 private schools, and 2 specialized schools.
- Problem Gambling Conference
 - Planned, coordinated, and facilitated in partnership with WeDAC the second countywide Problem Gambling Conference. The Conference had to be cancelled due to the COVID Virus pandemic but was reschedule for August 2020.
- We Know BETter
 - We Know BETter gambling prevention program delivered in 3 school districts reaching 285 students.

- Stacked Deck
 - The gambling prevention curriculum Stacked Deck was held in 1 school district for 142 students.
- Other Projects
 - In Plain Sight – A Teen’s Bedroom Project was presented to parents and caregivers across Westmoreland County.
 - Webinar presentations addressing current drug trends, teen bedroom concealing locations for drugs and paraphernalia, vaping, mental health, and the Student Assistance program.
 - The Radar Center distributed over 30,00 pieces of materials in Westmoreland County.

Note: Regarding services in 2019-2020 school year; evidence-based programming and all services effectively ceased as of March 13, 2020 at the direction of Governor Tom Wolf. All school districts closed face-to-face learning and did not permit virtual learning opportunities for outside organizations to facilitate. All outstanding post tests were not administered after that date and some services were left incomplete.

- **Student Assistance Program (SAP)/Intervention Services**
 - Fourteen school districts and one Career and Technology Center utilized the services of the SAP Drug and Alcohol Case Manager from August 2019 – June 2020.
 - 908 SAP liaison assessments were conducted. Of those assessments, nine (9) were identified as drug and alcohol and 25 were identified as co-occurring (both drug and alcohol and mental health). These individuals were recommended for a drug and alcohol level of care assessment. There were an additional 84 disciplinary drug and alcohol referrals and 29 through the SAP process itself. Of these referrals, 113 individuals had some type of drug and alcohol level of care assessment by the drug and alcohol SAP case manager and the following outcome recommendations were made:
 - 58 Outpatient
 - 2 Intensive Outpatient
 - 1 Partial Hospitalization
 - 1 Inpatient
 - 8 Community Based Group
 - 5 Multi-Dimensional Family Therapy
 - 6 Early Intervention
- KidSuccess
 - Curricular groups that incorporate coping skills, decision-making skills, peer pressure and refusal skills, and social skills in an eight-week curriculum format that includes activities, videos, and discussions.
 - KidSuccess, provided via a small group format for identified students in Grades 3-6, occurred within 5 school districts. Due to the COVID 19 pandemic, some groups were unable to be completed in their entirety.
 - There were 6 KidSuccess groups during the 2019/2020 school year with 60 students total being able to participate.

- Project Success
 - Intervention Specialists primarily work with adolescents’ grades 7-12 individually and in small highly interactive groups, conduct prevention/education discussions and programs, and provide follow-up with students and their families.
 - Project Success groups were provided in 5 school districts as well as 1 Career and Technology Center. Two specialized schools also received these groups. Due to the COVID 19 Pandemic, some groups were unable to be completed in their entirety.
 - There were 32 Project Success groups provided during the 2019/2020 school year reaching a total of 236 students.
 - Individual support through Project Success was provided to 7 school districts and 2 Career and Technology Centers. A total of 195 students were able to receive this service.

Monessen Communities That Care

Monessen Communities That Care (CTC) has continued to serve as a community delinquency prevention coalition for the 2019-2020 funding year. The success of its efforts has relied on key leader and community stakeholder support and involvement. Planning has followed the CTC five phase research-based process. Board members of Monessen CTC, Monessen Family Center and Monessen Tobacco Free Coalition contribute at a monthly collaborative meeting. Due to COVID-19 restrictions, meetings have been held remotely since March 2020.

In January, completion of the CTC *Phase IV – Develop a Community Action Plan* was achieved. Goals were established to strengthen and expand viable collaborations, using research-based strategies to impact positive community wide change, for Monessen youth and families. CTC’s overall mission is always to impact young lives to become better supported, nurtured, mentored and skilled for making healthy life choices.

2019 PA Youth Survey data was used to reevaluate and update prioritized problem behaviors and contributing risk/protective factors for focused prevention efforts. Prioritized outcomes for Monessen School District are listed below:

Problem Behaviors – Substance Abuse / Violence / Anxiety and Depression

Risk Factors (needing to decrease)

- Low Neighborhood Attachment / Community Domain
- Attitudes Favorable to Drug Use / Peer and Individual Domain
- Parental Attitudes Favorable Toward Antisocial Behavior / Family Domain
- Low Commitment to School/ School Domain

Protective Factors (needing to increase)

- Community Opportunities/ Rewards for Prosocial Involvement / Community Domain
- School Opportunities for Prosocial Involvement / School Domain
- Religiosity/ Individual- Peer Domain

Based on CTC's 2020 Community Action Plan, Positive Action was the program recommended in its Resource Assessment as having significant outcomes related to its prioritized risk/ protective factors.

Monessen CTC partnered with California University of Pennsylvania to apply for a Violence Delinquency Prevention Programs (VDPP) grant with the Pennsylvania Commission on Crime and Delinquency (PCCD). The two-year grant was awarded to implement the evidence-based program, Positive Action, with Monessen Middle School students in an after-school setting. This will be done in collaboration with Monessen School District and Monessen Public Library. California University students have been hired to work as program facilitators and mentors.

Monessen CTC Mobilizer, and several board members were also trained in the high school component of the Positive Action program. The focus of the program is social emotional learning and will be implemented with Monessen Youth Council members in the 2020-2021 academic year. The long-term strategy is to offer uniform continuation of the Positive Action Program with middle to high school students in Monessen School District

In addition to facilitating Monessen CTC Board and Executive Committee meetings, the Monessen CTC Mobilizer, and various board members, have also served to support several on-going community outreach prevention efforts:

Monessen Youth Commission – Monessen CTC members and adult community volunteers conducted monthly disposition sessions and mentoring activities with youth referred by the Department of Westmoreland Juvenile Probation and the local District Justice. Twelve Monessen youth have been mentored by commission members to complete their disposition plans during this fiscal year.

Monessen CTC Youth Council / Team Humanity Project– This Monessen High School student group served as an important subcommittee of the Monessen CTC board. Thirty-two Youth Council/Team Humanity members participated in weekly planning meetings and year-round activities with a focus on leadership training, peer education outreach related to substance use and violence, career preparation/ exploration activities and community service-learning projects. Fourteen Youth Council members and four Team Humanity members became 2020 high school graduates. The majority have begun their post-secondary schooling. Ten Youth Council members earned scholarships that were awarded at a recognition picnic in July 2020.

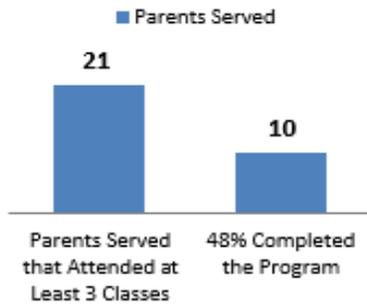
Monessen Middle School – Lions Quest After School Program – Thirty Monessen Middle School students registered to meet weekly for the evidence-based life skills lessons related to healthy choice making. Meals and weekly incentives were provided to each student participant. This program was co-facilitated by the Monessen Public Library Youth Program Coordinator and Monessen CTC Project Director.

Additional Prevention Collaboration Efforts - Monessen CTC has also served to support several youth outreach efforts of local and county-based organizations such as the Council on Substance Abuse and Youth, Mon Valley Opioid Coalition, Westmoreland Juvenile Probation, St. Vincent College Prevention Projects, Westmoreland Tobacco Coalition, Step Up Westmoreland, Outside In and the Private Industry Council of Westmoreland/ Fayette Counties.

The March 2020 school closings, due to the COVID 19 pandemic, caused unfortunate interruptions and challenges for some of the anticipated outcomes in our Community Action Plan. Still, much good was accomplished and CTC members have remained committed to their vision of ‘building a strong community that supports our youth’.

WFS Incredible Years Basic Parenting Outcomes Summary WEDAC 2019-2020

BASIC Parenting



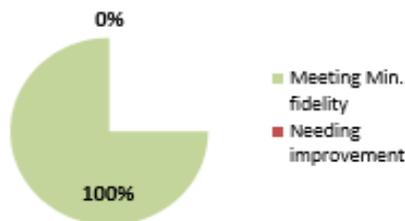
Population Characteristics: Any parent/caregiver of children birth to ten years of age.

Description of the Targeted Risk and Protective Factors:

- Poor Family Management
- Family Conflict
- Family History of Antisocial Behavior Family Attachment
- Family Opportunities for Prosocial Involvement
- Family Rewards for Prosocial Involvement

Model Fidelity: The goal is to observe 20 percent of the sessions taught to assess model fidelity. For the Incredible Years “Minimum Fidelity” is defined as having conducted at least 75 percent of the program as designed by the developer. The majority of classes were conducted on Zoom and we did not record any sessions for observation. However, in past reporting of at least 46 observations we have a 100% fidelity rating.

Sessions Observed:0

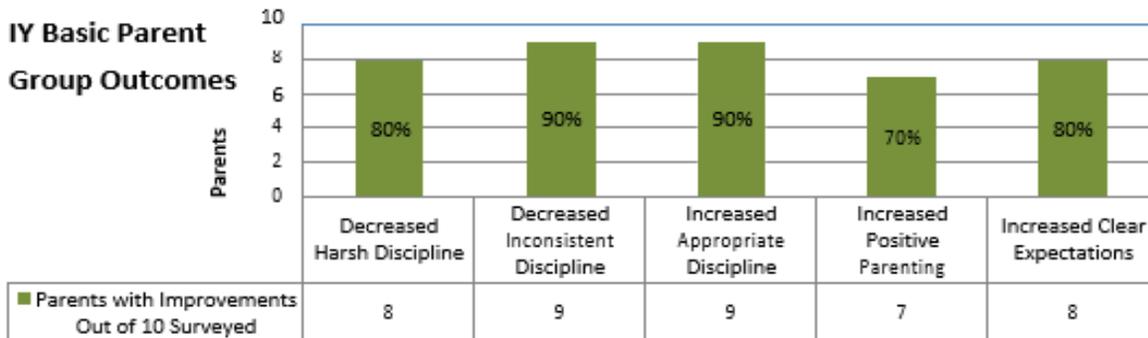


Why is Model Fidelity important?

“Evidence Based” programs are proven to get high quality outcomes for youth, families, and communities. However, these programs only predictably produce quality outcomes when they are implemented as they were designed by the researchers who developed them, with **fidelity to the model**.

Incredible Years Outcomes

IY Basic Parent Group Outcomes



IY Surveys: IY Basic surveys are completed by parents during the first and last sessions of the program. **Total Number of Parents Completing Pre and Post:** 10 parents successfully completed the Incredible Years program by attending at least 75% of the scheduled classes.

DEMOGRAPHICS

Primary Drug of Choice	# of clients	% of clients
Alcohol	249	38%
Heroin	167	25%
Marijuana	79	12%
Other Opiates/Synthetics	63	10%
Cocaine/Crack	40	6%
Methamphetamine	9	1%
All Others	51	8%
Total Clients Served	658	100%

Gender	# of clients	% of clients
Male	500	76%
Female	158	24%
Total Clients Served	658	100%
Pregnant Women	2	
Pregnant Women Injection Drug User	1	
Women with Children	15	
Total Pregnant Women/Women with children	18	

Age	# of clients	% of clients
Less than 18	41	6%
19-30	177	27%
31-40	202	31%
41-50	192	14%
51-60	89	14%
Over 60	57	9%
Total Clients Served	658	100%

SCA DEMOGRAPHICS

Referral Source	# of clients	% of clients
Legal	153	23%
Drug and Alcohol Provider	31	5%
Self	316	48%
Other	107	16%
SAP/Schools	51	8%
Total Clients Served	658	100%

Race	# of clients	% of clients
Caucasian	581	88%
African American	63	10%
Other	12	2%
Hispanic	1	0%
Native American	1	0%
Total Clients Served	658	100%

Level of Treatment Provided	# of clients per service
Non-Hospital Detoxification	169
Non-Hospital Rehabilitation	135
Dual Diagnosed Rehabilitation	34
Halfway House	6
Partial Hospitalization	12
Outpatient/IOP/Methadone	583
Total Clients Per Service	939

HEALTHCHOICES

Level of Treatment Provided HealthChoices	# of clients per service
Hospital Based Detoxification	56
Hospital Based Rehabilitation	17
Non-Hospital Detoxification	667
Non-Hospital Rehabilitation	691
Dual Diagnosed Rehabilitation	229
Halfway House	217
Partial Hospitalization	187
Intensive Outpatient	506
Outpatient	3,081
Methadone	1,173
Total Clients Per Service	7,188

FISCAL INFORMATION

COST BY CATEGORY

<u>Activity Code</u>	<u>Activity</u>		<u>Program Expenditure</u>
5100	Administration (including grants and Reinvestment)	\$	738,076.05
5300	Evaluation & Research	\$	9,597.50
5400	Administration/Special Projects	\$	400,000.00
6100	Information Dissemination	\$	331,935.35
6200	Education	\$	505,256.94
6300	Alternative Activities	\$	69,602.23
6400	Problem Identification and Referral	\$	146,191.20
6500	Community Based Process	\$	267,850.69
6600	Environmental	\$	10,859.64
7100	Intervention	\$	112,531.66
823A	Non-Hospital Detox	\$	191,434.39
823B	Non-Hospital Short-Term Rehab	\$	356,119.73
823C	Non-Hospital Long-Term Rehab	\$	86,573.00
852B	Halfway House	\$	21,358.00
834A	Hospital Based Detox	\$	0
834B	Hospital Based Rehab	\$	0
852A	Partial Hospitalization	\$	15,094.50
861A	Outpatient Drug Free	\$	289,490.13
8900	Outpatient Maintenance/Vivitrol	\$	112,014.78
861B	Intensive Outpatient	\$	85,817.19
920E	Emergency Housing	\$	0
920R	Recovery Housing (including Reinvestment)	\$	35,561.93
9100	Case/Care Management	\$	674,081.38
930R	Recovery Support Services	\$	823,301.43
TOTAL		\$	5,283,029.86