



# Westmoreland

Drug & Alcohol Commission, Inc.

MAKING RECOVERY A REALITY

Unfortunately, there are many Pennsylvanians that are dependent on alcohol. Therefore, it is important for all of us to be aware of and vigilant of alcohol withdrawal symptoms.



There are people and places that can help. If you or a loved one is experiencing withdrawal from alcohol or any other substance, please utilize the following resources:

Westmoreland Drug and Alcohol Case Management 24/7: 1-800-220-1810

PA Get Help Now 1-800-662-HELP

FREE Conference Call AA Meetings: 425-436-6360 Access Code #422932